

# ICEFJORD MIDNIGHT MARATHON & HALF MARATHON

## 01 June 2024



### OPTIONAL EXTRA

#### Pre & post night in Copenhagen:

Flights to Copenhagen usually arrive too late to connect same day to Kangerlussuaq so you would most probably require a night extension (at additional cost) in Copenhagen pre and post tour.

Approx. Price Per Person	Double / Twin	Single
Hotel Hvide Falk	R 2 545	R 4 695

#### Pre-tour:

28-30 May 2024

Approx. Price Per Person	Double / Twin	Single
Ice Camp	R 12 750	R14 850

#### INCLUDES;

- 1 night accommodation in at the Ice camp
- 1 night accommodation in at the Kangerlussuaq
- Meals as stated in the itinerary
- Transportation to/from Point 660
- Guided Ice Cap Hike
- Safety gear (crampons and trekking poles)
- Camping gear incl. a warm sleeping ba

#### EXCLUDES;

- Travel and health insurance
- Meals not stated in the itinerary
- Beverages
- Personal expenses
- Anything not mentioned under 'Inclusions'

#### Itinerary

##### ⇒ Day 1, 28 May 2024: Copenhagen - Kangerlussuaq - Ice Camp

You will meet at Copenhagen airport where a 4.5 hour flight will bring you to Kangerlussuaq, and arriving early afternoon, and then depart for the Ice Camp. Following your experienced guide, you will then venture onto the Greenland Ice Sheet, following in the footsteps of legendary explorers. You will hike a few kilometers to our destination, where your priority is setting up camp, before relaxing with a warm beverage and enjoying the total silence that the ice sheet imposes.

Dinner will be wholesome, simple, and warm, consisting of freeze-dried food that is easy to carry on such an expedition. In an environment where no other food sources are available, this humble meal will feel like even more of a gift.

Meals: *Breakfast and dinner*

##### ⇒ Day 2, 29 May 2024: Ice Camp - Kangerlussuaq

Following a night spent snuggled in your warm sleeping bags and an energy-packed breakfast, you will head out on a hike. Throughout the duration of this expedition, you will maintain a safe distance from danger and plot a route across secure terrain.

Please note: As a participant on this trip, they expect you are willing to pull a sled with your own/group equipment from the ice edge to the camp. This effort is considered by most participants to be a fairly easy and natural task to perform, but be aware it is expected. Depending on weather conditions, you will either enjoy our packed lunch whilst hiking or back at base camp. As your adventure concludes, you will break camp, pack up your goods, and leave only your footprints behind, before driving back to Kangerlussuaq to check into the Polar Lodge, where you will stay for the evening. Dinner will be at Roklubben.

Meals: *Breakfast, lunch, and dinner*

##### ⇒ Day 3, 30 May 2024: Kangerlussuaq - Ilulissat

Today we will make our way from Kangerlussuaq to Ilulissat, your final destination.

## Optional Excursions:

**Running Copenhagen (29 May)** – The extra cost is approx. R1 100 per person.

They have arranged a specially crafted running tour for Icefjord Midnight Marathon participants that you can book if you would like some sightseeing in Copenhagen and to stretch your legs before heading off to Greenland. The tour departs at 15h30 from Rådhuspladsen (City Hall Square). The route has been planned with the beautiful scenery of Copenhagen in mind and you will be running along the canals and the harbour as well as through some of Copenhagen's many parks. It will be kept very informal and run only in smaller groups, so there is plenty of time to ask questions. The pace will be adjusted according to the overall level of the participants, but you should expect between 5-6 minutes per kilometer.

**Kayak among Icebergs** (30, 31 May and 01, 02, 03 June) – The extra cost is approx. R3 650 per person

Paddle our way through the gigantic ice fjord just south of the city. You can smoothly slice your way through the water while keeping your eyes open for whales - 15 species regularly inhabit Greenlandic waters in the summertime! There will be morning guided kayak groups on several days. In the evenings, you can experience the serenity of the landscape as we calmly paddle our way among the "floating mountains under the extraordinary midnight sun. Whether it is sunny or cloudy, the icebergs offer beautiful reflections – the sun will emphasize their sparkle, while clouds evoke the deep blue colour of the ice. Your guides will provide information on the ice sheet and its glaciers, as well as the story of the original kayak that was made from sealskin and wood, and will answer any other questions you may have. The tours are open to all levels, whether you are a master paddler or it's your first time in a kayak.

*Note: the option to do this excursion on June 03 is only available for the 6-day package.*

**Meet the Sled Dogs** (01 June) – The extra cost for this is approx. R1 100 per person

Learn about life as a musher and meet the renowned sled dog

You will begin your excursion by a local musher who will tell us about raising the pups, the expeditions he has been on, and mushing itself. You will also be able to observe the dogs, but please remember that these are working animals and not pets - they are not meant for cuddling.

Please note that only 12 people can join each group on this excursion at one time so first come first served!

**Eqi Glacier Express** (02, 03 June) – The extra cost is approx. R 7 450 per person

Only a few places in Greenland are as beautiful as the Eqi Glacier, which ends in the fjord 80 kilometers north of Ilulissat. By boat, it is possible to get very close to the glacier and experience huge pieces of ice breaking off (called 'calving'). The sounds are enormous and the sight of icebergs crashing into the water is breathtaking. The route heads north along the coast, passing Bredebugt, the settlement of Oqaatsut, and the big fjord system called Pakitsoq, where whales and seals are often seen. Further along, we will pass through the Ataa Strait, which is surrounded by steep mountains and boasts waterfalls and a rich bird life.

**Sail to the Oqaatsut Settlement** – 02, 05 June – The extra cost for this is approx. R 5 300 per person

You start the tour by boat from Ilulissat to Oqaatsut; a 30-minute boat tour where we sail among the gigantic icebergs. After arriving you on a tour of the settlement where you, among other things, will see the school, church, and fish factory of Oqaatsut. Your guide will tell you all about living in a small settlement community and the history of Oqaatsut. The tour ends with lunch made from local ingredients. After lunch, you will have time on your own to hike in the area or simply enjoy a peaceful hour or two with a cup of coffee and unforgettable views before the boat sails us back to Ilulissat.

Afterwards, we will board our boat which will take us speedily back to Ilulissat. On the route back there is plenty of scenery to enjoy. The 70-million-year-old volcanic Disko Island to the west and the green mainland to the east. We will pass Ilulissat Airport and the popular bay Bredebugt, which is surrounded by small cabins owned by locals.

*Note: the option to do this excursion on June 03 is only available for the 6-day package.*

**IMPORTANT-** We ask that you carefully and fully read Travelways (Pty) Ltd Standard Terms and Conditions, booking documentation and correspondence thoroughly before booking. Should you have any questions please contact us.

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