

## ICELAND VOLCANO MARATHON 2024

**Be a force of nature!** Set near Lake Mývatn, at the divergent boundaries of the North American and Eurasian tectonic plates, the Iceland Volcano Marathon route will be run directly in the North Volcanic Zone. It's a hotbed of geothermal activity with geysers, hot springs, and lava rock – what's more, the volcanic zone is still very active.

With the massive Hverfjall crater as the focus of the route, runners will pass through soft, black volcanic sand as they run along the rim of the crater, and pass through the ethereal lava fields known as Dimmuborgir, or "Dark Fortress," and finally under a wild natural arch. The route traverses a single-track trail, plains of lava rock, and several minor volcano craters.



### PACKAGE

Approx. Prices Per Person	Hotel in Reykjavik	Hotel in Mývatn/Húsavík	Double or Twin share	Single
<b>A - Economy</b>	Hotel Cabin Standard	Vogar Ferdathjonusta	R 52 395	R 61 845
<b>B - Comfort+</b>	Hotel Cabin Superior	Vogafjós Farm Resort	R 62 895	R 87 895
<b>C - Comfort</b>	Fosshotel Lind	Sel Hotel (Mývatn)	R 60 795	R 80 745

### Inclusions

- 1 night accommodation in Reykjavik
- 4 nights' accommodation in Mývatn
- Return Transfer Reykjavik - Mývatn - Reykjavík/airport
- Guided tour - Mývatn Highlights excursion
- Meals as stated in the itinerary
- Transportation to/from start and finish area
- Celebration dinner including transportation

### Exclusions

- Flights to/from Iceland – Please contact us for an estimation.
- Arrival transport from Keflavík-Reykjavík
- Optional excursions
- Travel insurance – but highly recommended.
- Meals not stated in the itinerary
- Beverages
- Personal expenses
- Anything not mentioned under "Inclusions"

### Race Entry:

Extra cost

Marathon or Half-Marathon: Approx. price R 5 795

Quarter-Marathon: Approx. price R 3 150

Race entry includes:

- An English-speaking race officials
- An English-speaking medical team from Denmark and Iceland
- Timing and results
- Medal
- Exclusive Iceland Volcano Marathon T-shirt
- Manned water and supply stations along the route
- Collapsible cup for hydration

## **ITINERARY**

### **⇒ Day 1 – Wednesday 21 August 2024: Welcome to Iceland**

Arrival at Keflavík International Airport (KEF) in Reykjavík.

Make your way to the hotel. You can ask the hotel to store your luggage till check-in time.

The rest of the day is yours to enjoy at your leisure.

With almost 24 hours of daylight during the summer months, Reykjavík is often described as the city that never sleeps... so take this opportunity to discover the world's northernmost capital city at your speed!

Participants arriving in the morning or afternoon have the opportunity to book a tour of the Golden Circle. Please see Package Add-ons for more details.

Kindly note that we also offer a pre-night in Reykjavik if you would like a little more time to explore this northern capital.

*Meals: Not included*



### **⇒ Day 2 – Thursday 22 August 2024: Iceland's Scenic West Coast & Race Briefing**

Early breakfast at the hotel. Afterward, you will board their bus with a local guide and begin a scenic drive along the west coast of Iceland. You will travel to Akureyri, known as "The Capital of the North," which lies just 100 km (62 miles) away from the Arctic Circle. Here, race officials will provide a race briefing and distribute your goodie bags while you enjoy a snack meal. After the briefing, your journey will continue to Mývatn/Húsavík, where you will get settled into your hotel.

*Meals: Breakfast, lunch box, and a stand-up snack meal included*

### **⇒ Day 3 – Friday 23 August 2024: Mývatn Route Highlights**

On today's tour, you will visit some of the places that are on the marathon route:

- Dimmuborgir (Dark Castles) – a spectacular maze of strange lava structures covered with surprisingly lush vegetation. The area is composed of various volcanic caves and rock formations.
- Hverfjall – a tephra cone that erupted 2500 years ago in the southern part of the Krafla fissure swarm. The crater is approximately 1 km in diameter.
- Hverir solfataras (boiling sulphur mud pits) – at Námaskarð, these being some of the most spectacular in the country. Stroll around the bubbling grey puddles and the ethereal steam loudly escaping from the conical fumaroles. If you've never smelt a rotten egg this is a good chance to fill this gap! But please - mind your steps!

*Meals: Breakfast, Lunch, and pasta dinner.*



### **⇒ Day 4 – Saturday 24 August 2024: Race Day**

Runners will have the rare opportunity to run the dirt and gravel roads around the majestic Hverfjall crater. While the route will be demanding, the weather is likely to pose the biggest challenge. It's unlikely temperatures will rise above 11 degrees Celsius (52 degrees Fahrenheit) and rain is not uncommon during the north Icelandic late summer. The scenery, however, is equally dramatic in both sun and rain!

At the finish line, a pizza lunch will be served to participants.

Shuttle busses will then take all participants back to their hotels.

After dinner at your hotel, you have the chance to join our optional excursion to Nature Baths.

*Meals: Breakfast and pizza lunch included*

### **⇒ Day 5 – Sunday 25 August 2024: Relaxation, Optional Excursions & Celebration Dinner**

Spend the day on an excursion, or take in the surrounding Mývatn/Húsavík at your own pace. In the late afternoon, you will meet to celebrate the previous day's achievements with a festive dinner.

*Meals: Breakfast and dinner.*

### **⇒ Day 6 – Monday 26 August 2024: Farewell Iceland or Hello Extension**

Early breakfast at the hotel.

Afterward, you will board shuttle busses that will drive you through Reykjavík to Keflavik International Airport (KEF).

The expected arrival at Keflavik Airport is 14h30. Knowing this, it is not advisable to book your flight out of Iceland earlier than 16h30 on this day.

If you have booked a post-night or an extension, the bus will drop you off in Reykjavík.

*Meals: Breakfast and lunch box included*

### **Pre & post night in Reykjavik**

<b>Approx. Price Per Person</b>	<b>Double / Twin</b>	<b>Single</b>
Hotel Cabin Standard	R 3 150	R 5 250
Hotel Cabin Superior	R 4 095	R 7 245
Fosshotel Lind	R 4 095	R 7 245

If you book post-race accommodation, the bus will drop you at your hotel in Reykjavik and it will be your responsibility to make your way to Keflavik Airport when it's time for your flight home.

## **FREQUENTLY ASKED QUESTIONS**

### Why don't you offer a travel package including flights?

There is a selection of routes available and therefore we do not include the cost in our package. Flight prices change daily and are subject to availability. The sooner you book the better the price generally.

### Can I purchase marathon entry only?

We do not sell marathon entry only; it is sold together with accommodation booked through us as per the contractual agreement with the race organisers.

### Is travel insurance necessary?

Insurance is not included in the package but adequate cover is essential for travel and is recommended by the race organisers. We can arrange comprehensive Travel Insurance cover. Terms and Conditions are available on request.

### What can I expect upon arrival in Keflavik?

Airport transfer is not included in the package because airport shuttle and/or taxi are economical and easy to navigate. Details and guidance on transport options and costs will be sent out with final documentation nearer the time.

### Do I need a passport and visa?

Yes, you need a valid passport. South African passport holders require a visa for most destinations abroad, including Iceland. Travellers need to apply directly to the consulate and at their own expense. We suggest you research visa requirements and your eligibility before committing to travel arrangements. If you have an RSA passport as well as a foreign passport (check whether this passport requires a visa for entry into Iceland) you must show the RSA passport when you exit/enter RSA. If you are a foreign citizen with permanent residency in South Africa you are required to travel with your original permanent residence certificate and RSA ID. If unsure please ask and we will guide you but advice and assistance can only be a guideline as we do not have access to your personal history/passport/visa history. Travelways Pty Ltd, t/a Penthouse Travel Sporting Tours, cannot be held responsible if travellers obtain incorrect information and/or do not have the correct personal documents to travel. If you are travelling via another country or intend to travel of your own accord to another country during this trip, please ensure you have the correct visas and personal documentation. All other nationalities need to please check their requirements.

## **IMPORTANT**

Prices are approximate because at the time of calculating travel package costs, we take a projected exchange rate, and base it on current government and supplier charges and fees. Therefore all prices quoted are estimates, subject to change, and will be calculated shortly before the balance payment is due. Our Terms & Conditions apply as per Booking Form and Standard Business Terms & Conditions as well as the organisers/race rules as per <http://booking.albatros-adventure.com/node/5>

### I want to book. What do I do next?

Places are limited. **IF YOU WISH TO MAKE A BOOKING PLEASE COMPLETE AND SCAN THE BOOKING FORM, ENTRY FORM, and last PAGE OF STANDARD T&C'S TO US TOGETHER WITH PASSPORT COPIES.** Upon receipt of these documents (subject to availability), we will send banking details and a request for an initial 30% non-refundable deposit per person to secure the booking. The balance of monies will then be calculated and due before 27 May 2024. Airline tickets are extra and must be paid in full within 1 – 5 days of booking (dependent on airline rules and advised at the time of booking).

For reservations please contact  
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**IMPORTANT**- We ask that you carefully and fully read Travelways (Pty) Ltd Standard Terms and Conditions, booking documentation and correspondence thoroughly before booking. Should you have any questions please contact us.  
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